



Escape Planning -Considering Physical Challenges

Everyone needs to know what to do and where to go if there is a fire.

Planning around abilities and considering physical challenges is very important when making your home escape plan.

- Install smoke alarms on every storey and inside sleeping areas
- Install a smoke alarm that uses a flashing light or vibration to alert you to a fire if you are deaf or hard of hearing
- Consider sleeping in a room on the ground floor in order to make escape easier
- Designate a member of the household to assist people who cannot escape alone
- Have a telephone installed where you sleep in case of emergency

Did you know... fire can spread rapidly through your home, leaving you as little as two minutes to escape safely once the alarm sounds?

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For more information: Contact your local fire department or go to
www.nfpa.org/public-education/by-topic/safety-in-the-home/escape-planning